

Joining the City of Palms Figure Skating Club

- **Fill out City of Palms Figure Skating Club application.**
 - Applications are available in the flyer holder in Skatium Lobby or located at the club website. www.cityofpalmsfsc.com
- **Go to the Club Web Page or the USFSA website and view the USFSA Safesport Handbook, Please print and sign the Code of conduct based on your membership – skater, coach, parent or board member. Turn in with your application.**
- **Turn application and check into a City of Palms board member or you may give to a Skatium Employee to put in the Club mailbox at Front desk.**
- **Club Patches are available from any board member**
- **Patches are included with Initial full membership only.**
 - Mondor Jackets are available online: www.tidewaterice.com, www.discountskatewear.com, figureskatingstore.com, www.sk8monkeyonline.com, www.northerniceanddance.com, www.skatingboutique.com (This is not required and you may purchase any jacket you wish at any retailer you choose)
 - City of Palms FSC recommends Express alterations to have patch sewn on and Preppy in Paradise for name embroidering. This is not required, but recommended. If a monogrammed jacket is misplaced or lost at rink it can be easily identified and returned.

Express Alteration
1939 Park Meadows Dr. Suite 10
Fort Myers, FL 33907
239-275-4440

Preppy in Paradise
9541 Cypress Lakes Dr
Fort Myers, FL 33907
239-481-1995

- **Membership year runs from July 1 – June 30.** We are unable to prorate membership. No refunds
- **Parent Membership is required for any member under 18 years of age.**
- **Membership registration must be received no less than 30 days prior to a test or competition registration deadline or **Late fees of \$25 will be Charged****
- **Full Club membership includes:**
 - Reduced contract ice fees
 - Reduced Fees for home ice test sessions and at reciprocal clubs
 - Free Public Skating
 - Participations in Club Hosted Parties, Events and Seminars
 - Participation in “Fire on Ice” corner on Club Board – recommendation by Coach
 - Receive Senior Level test pin when pass test (\$150 value)
 - Membership with the U.S. Figure Skating Association which includes the following
 - Test at U.S. Figure Skating-sponsored test sessions
 - Compete at U.S. Figure Skating-sanctioned events
 - Participate in U.S. Figure Skating qualifying events
 - Represent your club at regional, sectional and national events
 - Participate in all sanctioned events
 - Certificates of accomplishment for passing proficiency tests and placing at U.S. Figure Skating qualifying events
 - Subscription to SKATING magazine
 - Individually numbered membership card
 - Coverage under U.S. Figure Skating's sports accident insurance policy
 - Special offers and discounts from [U.S. Figure Skating corporate partners](#)
- **For more information on the USFSA Club membership please see the USFSA Website at <http://www.usfsa.org>**
- **Ten hours of volunteer service hours are required per membership year** or a service hour levy will be implemented – please see service policy for more details.
 - **Check us out & like us on Facebook - City of Palms Figure Skating Club**

City of Palms Figure Skating Club Service Hour Policy Effective: December 2012

Number of hours required per membership year (July 1-June 30) - ten (10) hours per family.

- City of Palms FSC Test Sessions - 1 hour per session
- Summer Chiller (a minimum of 5 volunteer hours over both days of the event required. A half-hour max will be credited for food and other food donations.)
- Annual Membership Meeting - 1 hour maximum
- City of Palms FSC Club Parties/events
- Manning of the City of Palms Membership Table
- Rink/ISI events (non club event) - 1 hour maximum credit per event

Guidelines:

- Club skaters who volunteer hours for their family must be of the age to assume an assignment on their own successfully with limited supervision.
- Volunteer hours will only be counted if they have been achieved through a schedule assignment specific to an. Event or activity approved by the event or activity organizer
- Hours to be tracked by each family through the *Service Hour Tracking Binder* - located at the front desk.
- While not preferred by the club, those families who wish to have the volunteer hour requirements waived, must pay a fee of \$250 at the beginning of each membership year.

The Skaters Code of Conduct

- Pay attention to the position of other skaters at all times. Be especially alert for reverse jumpers.
- All skaters, coaches, and parents are expected to treat others with respect.
- Right of way goes first to the skater in a harness, then the skater doing their program, then a skater in a lesson, then someone just practicing.
 - Remember screaming “excuse me” at the top of your lungs is not acceptable
 - Neither is running into someone
 - It is always possible to move your program element over 4-5 feet to avoid running into someone.
- Look in the direction you are going whether you are traveling forward or backward.
- Do not sit or lie down on the ice. Get up as quickly as possible after failing.
- Avoid practicing, standing, and /or coaching in the Lutz corners. The Lutz is a blind jump and you are likely to get hit.
- The center of the ice is for spinning. Do not stand on socialize there.
- If you would like to talk please get off the ice. The ice is not the place for socializing.
- Eating, Chewing gum, or drinking anything other than water is not permitted on the ice.
- Solo programs are played lesson, non lesson. Be very careful with the music box.
 - Do not play your program more than 2-3 times per session unless you are in a lesson and your coach plays it.
- Be sensitive to the volume of thee music when playing programs
- Do not interrupt coaches or skaters when in a lesson

Lisa Headen
Skating Director
Fort Myers Skatium

Date: _____

Skaters name: _____

Skaters signature: _____

Parents name: _____

Parents signature: _____

U.S. Figure Skating Parents Code of Conduct

Codes of Conduct give everyone a guide to what is expected of us if we are part of an organization, participating in a sport, or as spectators at our child's events.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord)

By signing below I hereby agree that:

1. I will encourage good sportsmanship by demonstrating positive support for all skaters, coaches and officials at every practice session, competition and test session.
2. I will place the emotional and physical well being of my child ahead of my personal desire to win.
3. I will encourage my child to skate in a safe and healthy environment.
4. I will inform my child's coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
5. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the results of a competitive event.
6. I will never ridicule or yell at my child or other participant for making a mistake or blame my child's teammates for placement in a competition.
7. I will do my best to make skating fun and will remember that my child participates in sports for his/her own enjoyment and satisfaction, not mine.
8. I will ask my child to treat other skaters, coaches, fans and officials with respect, regardless of race, creed, color, sexual orientation or ability.
9. I will applaud a good effort in both victory and defeat emphasizing the positive accomplishments and learning from the mistakes.
10. I will teach my child to resolve conflicts without resorting to hostility or violence.
11. I will be a positive role model for my child and other skaters.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third party any drug prescribed by applicable federal, state or municipal law.
13. I will not assist or condone any competing athlete's use of a drug banned by the International Olympic committee, International Skating Union, United States Olympic Committee or U.S. Figure Skating, or, in the case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will not provide alcohol to or condone the use of alcohol by minors, abuse alcohol in the presence of athlete members or at U.S. Figure Skating activities or, in the case of athletes, consume alcoholic beverages while a minor.
15. I will encourage my child's coach to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
16. I will respect my child's coach and refrain from coaching my child or other skaters during competitions and practices because it may conflict with the coach's plan or strategies.
17. I will respect the decisions of officials and their authority during competitions and test sessions and teach my child to do likewise.
18. I will show appreciation and recognize the importance of volunteers and club officials.
19. I will study the rules of the U.S. Figure Skating and teach my child accordingly, so that we have an understanding and appreciation of the rules of competition and membership.
20. I will support all the opponents in my child's competition and respect the rights of all skaters to participate.

Parent Signature_____



Prospective Club Volunteer Information Sheet

Member Name: _____

Address: _____

City, State, Zip: _____

Telephone: Day Evening _____

E-mail: _____

Please check off special skills or areas of expertise:

- | | |
|--|--|
| <input type="checkbox"/> Fundraising | <input type="checkbox"/> Marketing |
| <input type="checkbox"/> Technology | <input type="checkbox"/> Public relations |
| <input type="checkbox"/> Finance | <input type="checkbox"/> Business |
| <input type="checkbox"/> Legal | <input type="checkbox"/> Certified trade _____ |
| <input type="checkbox"/> Social/Event Planning | <input type="checkbox"/> Human resources |
| <input type="checkbox"/> Management/administration | <input type="checkbox"/> Other: _____ |

Professional background:

- | | |
|--|---|
| <input type="checkbox"/> For-profit business | <input type="checkbox"/> Nonprofit organization |
| <input type="checkbox"/> Government | <input type="checkbox"/> Other: _____ |

Please list one or two areas in which you are willing to commit volunteer service toward on behalf of the club.

- 1.
- 2.

Family information: (please tell us about your family, skating experience, etc)

Other affiliations:

Other information you would like us to know about you that would be helpful to us in matching your skills and interests with the needs of the club?